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### Pedestal disk resonator in potassium yttrium double tungstate

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#### **ABSTRACT**

Rare earth ion doped potassium double tungstates (e.g. KY(WO<sub>4</sub>)<sub>2</sub>, KYb(WO<sub>4</sub>)<sub>2</sub>, and KGd(WO<sub>4</sub>)<sub>2</sub>) have long been used as laser and amplifier materials thanks to the high achievable gain provided by the rare-earth ions. This family of host materials is also very attractive for nonlinear optics due to their high nonlinear refractive index and Raman gain. Very efficient on-chip solid state lasers, frequency combs, supercontinuum sources and Raman lasers could be realized if high-refractive index waveguides with the correct dispersion were developed.

To date, the demonstrated integrated devices in rare-earth ion doped potassium double tungstates have shown very promising results, including high gain in on-chip amplifiers and high efficiency and output power in on-chip lasers. These devices, however, were fabricated using low refractive index contrast waveguides, which are not suitable for ring resonators or to achieve anomalous dispersion. High refractive index contrast KY(WO<sub>4</sub>)<sub>2</sub> waveguides with high confinement are therefore needed as building blocks for active devices.

In this work, pedestal disk resonators are proposed, based on a combination of swift ion irradiation, focused ion beam milling and a novel wet etching process. In-coupling of light into the first fabricated pedestal disks will be presented.

**Keywords:** integrated optics, KYW, disk resonator, wet etch, ion irradiation

#### INTRODUCTION

 $KY(WO_4)_2$  is a highly attractive material for integrated optics. This is due to its numerous beneficial properties: A high refractive index of 2-2.1 gives opportunities for highly confined waveguides. In addition, the long interionic distance of >0.4-0.5 nm[1] ensures weak interaction between rare earth dopant ions. This in turn allows for high doping concentrations without lifetime quenching[2]. Combined with the high absorption- and emission cross-sections[3] of rare earth ions doped into this host material,  $KY(WO_4)_2$  shows great potential as a gain material for amplifiers and lasers[4]–[8].

Furthermore,  $KY(WO_4)_2$  has a high nonlinear refractive index of up to  $2.4 \times 10^{-19}$  m<sup>2</sup>/W at 790 nm[9]. A high Raman gain[10] further serves to highlight the versatility of  $KY(WO_4)_2$  for a wide range of optical applications, including Raman lasers[11]–[13].

Early work on integrated  $KY(WO_4)_2$  structures was based on channel waveguides in rare earth ion doped layers grown by liquid phase epitaxy (LPE) on top of undoped bulk  $KY(WO_4)_2$  substrates[14]. This has produced extremely efficient high-power lasers[15] and channel waveguide amplifiers[8] with gains of up to 935 dB/cm.

The integration of KY(WO<sub>4</sub>)<sub>2</sub> onto lower refractive index substrates in order to provide high index contrast waveguides, however, is not straightforward. Using LPE as in the approach described above is not possible due to the monoclinic crystal structure[16] of the material. In order to grow a high quality optical crystalline layer the substrate and grown layer need to have matched crystal lattices[17], which limits the choice of substrate to other potassium double tungstates.

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Thanks to the lattice engineering approach described by Aravazhi et al[2], heavily  $Yb^{3+}$  layers have been grown on undoped  $KY(WO_4)_2[8]$ .

The achievable refractive index difference between the cladding and core when using this method is low, at  $n_{core}$  -  $n_{clad}$  <  $2 \times 10^{-2}$  [17]. This low index contrast does not allow for highly confined modes, which limits the integration density and does not permit tight waveguide bends. The large mode volume also drastically increases the power needed for nonlinear effects.

Recent work has proposed creating a thin layer of  $KY(WO_4)_2$  by lapping and polishing a bulk  $KY(WO_4)_2$  substrate that was bonded to a  $SiO_2$  carrier[18], [19]. A very high refractive index contrast can be achieved this way, leading to high confinement and therefore efficient gain and non-linear devices. However, the lapping and polishing process is time consuming and low yield. Irradiation of  $KY(WO_4)_2$  with swift heavy ions (i.e., carbon at 9 MeV) has also been recently reported to lead to refractive index contrasts of  $n_{core}$  -  $n_{clad} \sim 0.2$  with low propagation losses of <1.5 dB/cm at 1550 nm in slab waveguides[20].

This paper presents a novel approach to creating high index contrast  $KY(WO_4)_2$ , based on sub-surface amorphization by swift heavy ion irradiation and wet chemical etching. We demonstrate a microdisk with 40  $\mu$ m radius and 3.9  $\mu$ m underetch made using this method.

The novelty of this approach is twofold: First, it does not depend on the addition of any material in order to create a refractive index contrast in the vertical direction. This allows light to be confined to surface microstructures of a thick slab consisting of only one material. Second, we demonstrate a wet etch for  $KY(WO_4)_2$ , which has not been performed in previous literature. The etching technique is highly selective between the crystalline and amorphized material, etching the amorphous phase significantly faster.

#### **SIMULATION**

Mode calculations of the device were performed using a finite difference eigenmode (FDE) solver, using the commercial software package Lumerical MODE solutions. The disk resonator refractive index profile is represented by a rectangular slab of  $KY(WO_4)_2$  1.8 µm thick, with a buried layer with index  $n = 1.76 + i10^{-4}$ . The imaginary refractive index is estimated from loss measurements in swift ion irradiated slab waveguides. The resulting structure is shown in Figure 1.

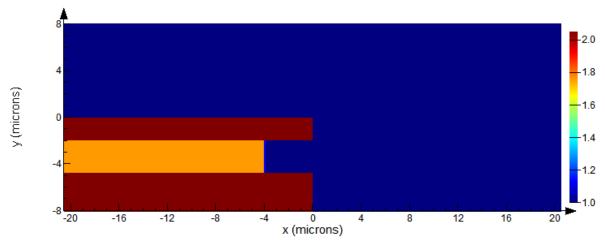


Figure 1: Refractive index of structure as simulated in Lumerical MODE.

The actual refractive index profile measured by Frentrop[20] is thus approximated by a step index profile. All the boundaries of the simulation window are represented by perfectly matched layer (PML) boundaries. The simulation window is 40  $\mu$ m wide in the x direction and 15  $\mu$ m wide in the y direction. It has been found by convergence testing that this is large enough to not affect the effective index of the calculated modes. It is important to note that as the disks are 80  $\mu$ m in diameter, only a portion of the disk is in the simulation region. This is not an issue, as the mode is confined to the outer edge.

In the simulation, the effective refractive index ( $n_{eff}$ ), propagation loss and effective mode area ( $A_{eff}$ ) of the fundamental TE and TM modes are calculated as a function of underetch. The underetch is varied from 0 to 6  $\mu$ m in steps of 50 nm. The effective mode area,  $A_{eff}$ , is defined[21] as

$$A_{\text{eff}} = \frac{\left(\int \left|H\right|^2 dA\right)^2}{\int \left|H\right|^4 dA}.$$

Figure 2 (a) shows the effective refractive index of the two fundamental modes. There is an avoided crossing (also known as an anti-crossing) centered at  $\sim$ 1.1  $\mu$ m of underetch. At this point neither mode is pure TE or TM. The two modes exchange their polarization state after the avoided crossing, as can be seen in the TE fraction shown on the right axis of Figure 2 (a).

Figure 2 (b) shows the propagation loss as a function of underetch. As expected, increasing the underetch reduces interaction with the barrier, which is the main source of loss in this simulation. It is important to note that other sources of propagation losses, such as surface roughness, were not taken into account in this simulation. As a verification, a simulation in which the barrier material was replaced with gold was performed. A loss of  $7.3 \times 10^{-6}$  dB/cm was obtained for an underetch of 4  $\mu$ m, indicating minimal interaction of the mode with the barrier.

Finally, Figure 3 shows the effective mode area as a function of underetch. While the variation is not very large, spanning from around  $2.3~\mu\text{m}^2$  to  $2.6~\mu\text{m}^2$ , underetch is beneficial for reducing the effective mode area. The TM polarized mode is at all times better confined than the TE mode.

The simulations show that increasing underetch is beneficial to the disk performance, decreasing both the propagation losses and the effective mode area. For the first prototype, a disk radius of 40  $\mu$ m with underetch of 4  $\mu$ m was selected. This geometry exhibits a group index of 2.05, which leads to a free spectral range of 4.66 nm.

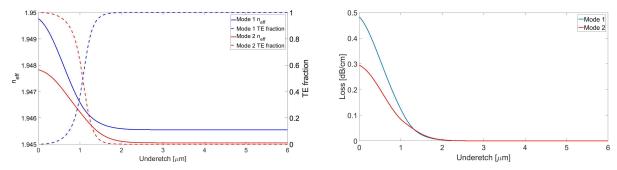


Figure 2: (a) Effective refractive index and TE fraction as a function of underetch depth. (b) Propagation loss as a function of underetch depth.

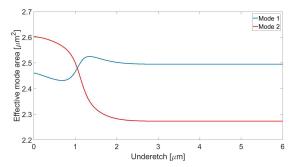


Figure 3: Effective mode area as a function of underetch depth.

#### **EXPERIMENTAL METHODS**

The KY(WO<sub>4</sub>)<sub>2</sub> substrates used in this work were obtained from Altechna (LT). The substrates have dimensions 10x10x1 mm<sup>3</sup>, with edges along the crystalline a and c axes, and the b plane polished to optical quality, (i.e. rms~1.5 nm)[2].

#### Amorphization

Ion irradiation was performed in the 5 MV electrostatic tandem accelerator of the Centro de Micro-Análisis de Materiales (CMAM) of the Universidad Autónoma de Madrid (UAM). The sample was irradiated with carbon ions at an energy of 9 MeV and a fluence of  $3\times10^{14}$  ions/cm<sup>2</sup>. The incident ions penetrate several micrometers into the material, creating a region of partial amorphization, with most damage to the crystal structure between 2  $\mu$ m and 5  $\mu$ m from the surface. Full details of the ion implantation process are given by Frentrop et al. [20]

After irradiation and patterning (see next sub-section), the sample was annealed at 350°C. The annealing step serves to recrystallize the sample surface, returning it to a higher refractive index, closer to the unirradiated sample and reducing the defects induced by the incident ions, which results in point and color center formation. The m-lines technique was performed using a Metricon 2010/M system with laser sources at 633 nm, 830 nm, 1300 nm and 1550 nm, to extract the refractive index profile of the slab waveguides formed using this technique.

#### **Patterning**

 $KY(WO_4)_2$  is chemically inert and resists chemical etching. This makes surface structuring by reactive ion etching (RIE) challenging, as chemically active gases such as  $SF_6$  and  $CHF_3$  do not attack the substrate. For this reason, only physical sputtering remains as a viable etch mechanism. While this can be implemented using Ar in an RIE system[22], we have opted for structuring using focused ion beam (FIB) milling. The milling was performed before the annealing step.

Before patterning, the sample was covered with a 200 nm thick layer of SiO<sub>2</sub> in an Oxford Plasmalab 80 PECVD. Afterward, 5 nm of Au/Pd was sputtered onto the surface using a Polaron Bio-Rad E5400 sputter coater. The Au/Pd layer acts as a conductive layer in order to improve FIB and SEM resolution and avoid beam drifting due to charging.

The FIB used is an FEI Nova 600 NanoLab. Rings were milled into the  $KY(WO_4)_2$  substrate at an acceleration voltage of 30 kV and a current of 21 nA. The rings had an outer diameter of 100  $\mu$ m, an inner diameter of 80  $\mu$ m, and a depth of 5  $\mu$ m. After milling, the sample was immersed in a buffered 7% HF etch to lift off the SiO<sub>2</sub> and metal layers.

#### Wet etching

While crystalline  $KY(WO_4)_2$  resists chemical etching, amorphous  $KY(WO_4)_2$  can be dissolved in HCl. This differential etching between crystalline and amorphous  $KY(WO_4)_2$  can be utilized to create an underetch after the FIB milling has exposed the amorphized layer. The sample was etched in 20% HCl at room temperature for 2 hours.

#### Characterization

The sample was visually inspected by SEM in the FIB/SEM system. Light was then coupled into the sample perpendicularly, using a 633 nm He-Ne laser focused through a 100x objective with NA=0.9. The sample was imaged simultaneously.

#### **RESULTS**

#### Amorphization

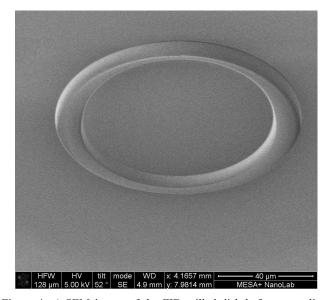
The annealing procedure has been found to almost completely undo any damage to the crystal structure of the near-surface region. The interface between the crystalline and amorphous regions is  $\sim 2~\mu m$  from the surface after the annealing step, with a heavily amorphized region extending from 2  $\mu m$  down to 5  $\mu m$  below the surface. Total propagation losses of the planar waveguide modes are 1.5 dB/cm at 1550 nm. Potential reasons for these losses are absorption and scattering in the amorphized region, inhomogeneities at the interface and point defects and color centers in the guiding layer.

#### **Fabrication**

Figures 4 (a) and (b) show the ring structure before and after annealing and wet etching. It is clear from the outer edge of the trench that the etch has been successful in carving out an empty space underneath the edge of the disk. Along the inner edge, however, there are visible residues. This may cause losses due to interaction with the lossy amorphized region if the residue inhibits a proper underetch. Furthermore, the residues appear rough, which may cause additional scattering losses.

Figure 5 shows a successfully underetched cross section from a test structure milled 7  $\mu$ m deep. The thickness of the crystalline slab is 2  $\mu$ m, the vertical depth of the etched region is is 2.7  $\mu$ m and the horizontal etch depth is 3.9  $\mu$ m on the top of the amorphous region. On the bottom of the amorphous region the etch depth is 3.8  $\mu$ m. All the distances are measured by SEM and are assumed to have an accuracy of  $\pm 100$  nm due to indistinct boundaries and charging effects.

The wet etch has not been found to attack crystalline  $KY(WO_4)_2$  to any significant degree. This is justified by inspecting the corner in Figure 5, which is sharp. Assuming the acid to only etch the amorphous region, the etch rate is calculated to be ~33 nm/min.



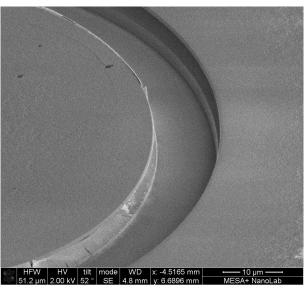


Figure 4: a) SEM image of the FIB milled disk before annealing and wet etching. b) The same structure after annealing and wet etching. Some regions have good underetch, while unetched residues remain in other areas.

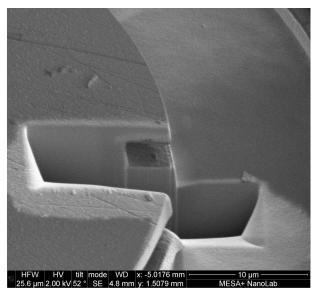


Figure 5: FIB cross section cut of a test structure with successful underetching. The underetch starts at 2 μm from the surface of the sample, extends 2.7 μm in the vertical direction and is 3.9 μm deep in the horizontal direction.

#### Characterization

Figure 6 shows light propagating in the finished device. Many scattering points are visible along the perimeter of the disk, probably due to the fabrication defects and non-uniformity of the wet etching process discussed above. Illumination away from the disk perimeter does not cause any significant response. This measurement represents the first propagation on a  $KY(WO_4)_2$  microdisk structure.

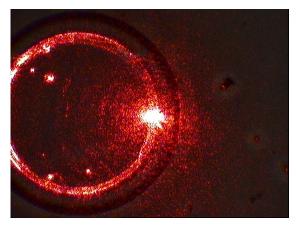


Figure 6: Incoupling of light through an objective perpendicular to the disk.

#### **CONCLUSION**

We have successfully fabricated a  $KY(WO_4)_2$  microdisk with geometrical parameters optimized by mode simulations. The microdisk was manufactured using two novel techniques, namely swift ion irradiation to produce a buried amorphous barrier with low refractive index, and a wet etch with high selectivity between amorphous and crystalline  $KY(WO_4)_2$ . The differential etch has a rate of 32 nm/min. We have successfully coupled light into the disk from above using a 100x objective.

#### **ACKNOWLEDGEMENTS**

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